



## WCU Counseling & Psychological Services Doctoral Psychology Practicum Training Position for 2023-2024

<https://caps.wcu.edu>

<https://www.wcu.edu/experience/health-and-wellness/caps/capstraining.aspx>

### **About CAPS**

Counseling and Psychological Services (CAPS) offers individual and group counseling and related services to the campus community. CAPS works closely with Health Services to provide integrative care for our students. Our staff includes psychologists, counselors and social workers, which makes for a truly interdisciplinary training experience. CAPS is pleased to offer 1 training position for a doctoral psychology practicum student (pre-internship experience).

The mission of CAPS is to empower students to engage in and be successful in a full range of academic, social, and cultural opportunities through fostering psychological wellness. This aim is achieved through promotion, facilitation, recommendation and provision of mental health services for the University community.

At CAPS, we value:

- Intentional responsiveness within ourselves and with others created by collaboration, communicated and conducted authentically
- Relationships that are rooted in trust and nurtured by open communication
- Knowledge obtained through lifelong learning and shared through mentoring
- Wellness modeled on an individual and organizational level fostered by respect and intentionality

CAPS also abides by the CAPS CODE (as developed by WCU CAPS Diversity Committee) - CONNECTION OPENNESS DIVERSITY EQUITY

We are a supportive and confidential space.  
We pursue connection with all members of our community.  
We strive to eliminate barriers.  
We challenge harmful systems.  
We work toward equity for all.

CAPS also abides by principles of Trauma Informed Care (Harris & Falot, 2001): Safety; Trustworthiness; Choice; Collaboration; Empowerment; and Cultural, Historical, & Gender Contexts.

The mission of the training program at CAPS is to promote the development of clinical skills and professional identity for the next generation of mental health professionals. This mission is accomplished through the provision of didactic training, clinical supervision, and direct practice experiences within an interdisciplinary, supportive, and collaborative team environment.

### **The Doctoral Psychology Practicum Training Experience**

- Therapeutic Intakes and Individual counseling with clients whose presenting problems range from developmental or adjustment concerns to serious mental illness and/or personality disorders.
- Potential co-leadership of counseling groups and/or ongoing workshop series when available.

- Quick Access initial appointments/screenings and potential crisis experience
- Potential outreach and consultation services for the campus community when available and based on interest.
- Supervision utilizing digital video equipment
- Professional development opportunities via staff in-services when available

### **Requirements**

- Endorsement of doctoral program in Psychology for readiness to participate in a two-semester practical training experience during academic year.
- Successful completion of core graduate level course work
- At least two semesters of prior practicum experience in the provision of therapy (either at the master's or doctoral level)
- We require all trainees to carry professional (student) liability insurance.
- We expect an academic year (two semester, fall & spring) commitment. We ask for a minimum of 16 hours (two days) per week commitment plus additional hours off site that can be flexed for paperwork, meetings, etc. (up to 20 hours/wk total).
- Doctoral psychology practicum trainees must participate in orientation/training activities prior to the start of classes in the fall semester.

### **Other Considerations for Potential Applicants:**

- If you are currently receiving services at CAPS and intend to apply to the training program, you should discuss this with your counselor to avoid potential conflict of interest.
- For applicants who are accepted into the training program, they cannot receive CAPS counseling services once they begin their training experience at CAPS. CAPS can provide community referral information in these situations. You can talk to your counselor more about these options.

### **Priority Application Review Deadline Wednesday March 22<sup>nd</sup>, 2023**

Please direct all inquiries to our Training Director Jay Manalo, Ph.D., HSP-P, NCC using the contact information below. Applications should include:

- **Application form**
- **Vita**
- **2 CAPS Reference Forms**

Application materials are available on our website <https://caps.wcu.edu>. Emailed, scanned, or faxed copies are preferred.

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